



NEWS RELEASE

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FOR IMMEDIATE RELEASE

City of Las Vegas December 2008 Senior Special Events

All activities are subject to change. Call to verify times and dates. List is not all-inclusive. All facilities offer exercise, fitness, craft, arts, dance, music and computer classes; cards, game, discussion and social groups. Call centers near you for complete list of classes and activities. Most activities require \$2 annual membership to City of Las Vegas Senior Citizen Programs. Centers are closed Dec. 25.

Free Senior Law Project Informational Seminars (ages 60+)

Mondays, 9 a.m. to noon. Advance registration required.

Downtown Senior Services Center, 310 S. 9th St., (702) 229-6596.

An elder law attorney will discuss wills, health care, financial issues and other concerns affecting seniors.

Free Blood Pressure Checks (ages 50+)

Tuesdays, 10 to 10:30 a.m.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Wednesdays, 9 to 10 a.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Yoga (ages 50+)

Friday, 11 a.m.

Fee: \$3

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Free White "Reindeer" Gift Exchange & Social (age 50+)

Monday, December 1, 9 a.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Bring a wrapped gift no more than \$10 in value and share in the fun. Refreshments provided.

Free Holiday Decorating (ages 50+)

Monday, December 1, 10 a.m. to 4 p.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Add the spirit of the holidays to the senior center. Come for all or part of the day.

Turkey Leftovers Potluck (ages 50+)

Monday, December 1, 11:30 a.m. to 1 p.m. Advance registration required.

Fee: Free with a dish to share.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Bring a dish made from your holiday leftovers plus a copy of the recipe to share.

Free Tree Trimming Party (ages 50+)

Monday, December 1, 1 to 3 p.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

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Free Senior Law Project Coffee Talk (ages 60+)

Tuesday, December 2, 10 to 11:30 a.m. Advance registration required. Minimum of 5 people required.
Doolittle Senior Center, 1930 North J St., (702) 229-6125.

An elder law attorney will discuss wills, health care, financial issues and other concerns affecting seniors.

Solitaires Women's Single Group (ages 50+)

Tuesday, December 2, 10:30 a.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Fun group for widows and single women meets monthly for social events, support and good times.

Cookie Exchange (ages 50+)

Tuesday, December 2, noon

Fee: \$2

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Eiffel Tower & Las Vegas Outlet Center Day Trip (ages 50+)

Wednesday, December 3, 10 a.m. to 3:30 p.m. Advance registration required.

Fee: \$2 transportation fee, \$7 entrance fee, plus lunch cost.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Enjoy a breathtaking view of the Las Vegas Strip followed by shopping at the outlet mall.

Channel 3 (ages 50+)

Wednesday, December 3, 10:30 a.m. to 2:30 p.m. Advance registration required.

Fee: \$2 transportation fee plus lunch cost.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Be a part of the KVBC Channel 3 team! See what it's really like to work in the media.

Gingerbread House Contest (ages 50+)

Wednesday, December 3, 1 to 3 p.m.

Fee: \$3

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Form a team of 3 to 4 people to create the best gingerbread house.

For Your Eyes Only (ages 50+)

Wednesday, December 4. Advance reservation required.

Fee: \$1.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Make a private video for your family or friends. We will record your story or information for you to take with you or send to your family or friends.

Free Name That Tune Game (ages 50+)

Thursday, December 4, 10 a.m.

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Test your knowledge and have fun enjoying music from the '50s to present.

19th Annual Holiday Handicraft Sale (ages 50+)

Friday, December 5, 10 a.m. to 3 p.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Purchase handcrafted items that may include ceramics, artwork, jewelry, quilts and more. Crafters age 50+ may rent a table for \$10 to \$15. Call Pat at 229-6454 after noon to reserve a table no later than November 21.

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Monthly Texas Hold 'Em Poker Tournament (ages 50+)

Friday, December 5, 10 a.m. to 2 p.m.

Fee: \$2

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Pit your skills against others in this monthly tournament.

Soup's On Luncheon (age 50+)

Friday, December 5, noon. Advance registration required.

Fee: \$2

Derfelt Senior Citizens Center, 3343 W. Washington Avenue, (702) 229-6601.

Enjoy fresh, homemade curried sweet potato and lentil soup, bread, dessert and a beverage.

Kitchen Angels Workshop (ages 50+)

Friday, December 5, 1 to 3 p.m.

Fee: \$3

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Bunco Day (age 50+)

Wednesday, December 5, 1 p.m.

Fee: \$1

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

AARP's Driver Safety Program (ages 55+)

Fee: \$10; Pre-registration required. Call toll-free 1-888-227-7669 to register. Classes may be canceled for lack of enrollment. Nevada law allows for a discount on auto insurance premiums when course is completed.

Monday, December 8, 8 a.m. to 4 p.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Tuesday and Wednesday, December 16-17, 9:30 a.m. to 1:30 p.m. Must attend both sessions.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Wednesday and Thursday, December 17-18, noon to 4 p.m. Must attend both sessions.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Jingle Bell Rock (ages 50+)

Monday through Friday, December 8-19

Fee: \$1

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Find the Jingle Bell Rock. Call 229-1511 for your clue.

Gift Wrapping (ages 50+)

Monday through Friday, December 8-12, 10 a.m. to 3 p.m.

Fee: \$1 per gift wrap

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Silk Holiday Winter Centerpiece Workshop (ages 50+)

Monday, December 8, 10 to 11 a.m.

Fee: \$1 plus supply list

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Free Medicare Counseling (ages 50+)

Monday, December 8, at noon

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Volunteer Medicare counselors will answer your questions. Call to make an appointment.

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Free Digital Camera Club Meeting (ages 50+)

Monday, December 8, 1 to 3 p.m.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Discuss tips and tricks, learn about new technology, share photos and go on photographic field trips.

Free Doolittle Cinema & Popcorn (ages 50+)

Monday, December 8, 1 p.m. Call for movie title.

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Patio Party (ages 50+)

Monday, December 8, 2:30 to 4 p.m.

Fee: \$1

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Enjoy music, karaoke, games and more.

Nibbler Mystery Breakfast (ages 50+)

Tuesday, December 9, 9:30 a.m. to 1:30 p.m. Advance registration required.

Fee: \$2 plus cost of breakfast

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

It's a mystery where we're going, but you are sure to enjoy a hearty meal.

Magnetic Bracelets Workshop (ages 50+)

Tuesday, December 9, 10 to 11:30 a.m.

Fee: \$3

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Learn to make magnetic bracelets.

Annual Holiday Party at Santa Fe Station (ages 50+)

Tuesday, December 9, 11 a.m. Advance registration required.

Fee: \$7 per person. Two-ticket maximum per person.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Enjoy great holiday fun. Tickets available at Derfelt Senior Center only, beginning November 3.

Free Lieburn Cooking Network (ages 50+)

Tuesday, December 9, 1 to 3 p.m. Advance registration required.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Learn to cook. Call for topic. Sampling mandatory!

Red Hat Society Holiday Potluck (ages 50+)

Wednesday, December 10, 11:30 a.m. Advance registration required.

Fee: Free with dish to share.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Holiday Carol Luncheon (ages 50+)

Wednesday, December 10, 11:30 a.m. to 1 p.m. Advance registration required.

Fee: \$4

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Holiday Appetizers Cooking Workshop (ages 50+)

Wednesday, December 10, 2 to 4 p.m. Advance registration required.

Fee: \$2

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Learn to prepare great-tasting, healthy food using fresh, seasonal ingredients.

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Free Nintendo Wii Tennis Challenge (ages 50+)

Wednesday, December 10, 2 to 4 p.m.

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Breakfast with Santa (ages 50+)

Thursday, December 11, 9 to 10:30 a.m. Advance registration required.

Fee: \$3

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Free Park Ambassadors Meeting (ages 50+)

Thursday, December 11, 10 a.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Being a park ambassador gives you an opportunity to be of service to your community by helping keep parks safe for everyone. Call for information.

Premium Outlet Mall Day Trip (ages 50+)

Thursday, December 11, 10 a.m. to 3 p.m. Advance registration required.

Fee: \$2 transportation fee plus lunch cost

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Search more than 150 premium stores for the perfect holiday gifts.

Dancing Flames Christmas Cabin Candle-Making Workshop (ages 50+)

Thursday, December 11, 12:30 to 1:30 p.m.

Fee: \$5 per candle

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Hiking (ages 50+)

Friday, December 12, 8:30 a.m. to 2:30 p.m. Advance registration required.

Fee: \$2 transportation fee

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Wear appropriate attire and hiking shoes; bring lunch, drinking water, and camera. Call for details.

Planetarium Day Trip (ages 50+)

Friday, December 12, 8:30 a.m. to 1 p.m. Advance registration required.

Fee: \$2 transportation fee, \$7 entrance fee, plus lunch cost.

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Enjoy a brief, self-guided tour followed by a traditional seasonal light show at the planetarium.

Town Square Scavenger Hunt & Shopping (ages 50+)

Friday, December 12, 9 a.m. to 3 p.m. Advance registration required.

Fee: \$2 plus cost of lunch

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

See the town's newest mall and shop to your heart's content, all while finding the answers to a new kind of scavenger hunt. There is a variety of restaurants to choose from for lunch.

Breakfast & Movie Day Trip (ages 50+)

Friday, December 12, 9 a.m. to 3 p.m. Advance registration required.

Fee: \$2 transportation fee, plus cost of buffet breakfast and movie.

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Holiday Cheer Luncheon (ages 50+)

Friday, December 12, 11 a.m. Food served at 11:30 a.m. Advance registration required.

Fee: \$3

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

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Free Amputee Coalition of Nevada Meeting (ages 50+)

Friday, December 12, 1 p.m.

Derfelt Senior Citizens Center, 3343 W. Washington Ave., (702) 229-6601.

Speakers discuss new information and technology for amputees, diabetics and other interested people.

Free Monthly Billiards Tournament (ages 50+)

Friday, December 12, 2 to 4 p.m.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Play practice games during the week, then join us monthly for a pool tournament shoot-out.

PhotoShop Elements Workshop (ages 50+)

Monday, December 15, 10 a.m. to noon. Advance registration required.

Fee: \$5

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Learn to enhance your digital photos with PhotoShop Elements software.

Game Day (ages 50+)

Monday, December 15, 1 to 3 p.m.

Fee: \$2

East Las Vegas Community/Senior Center, 250 N. Eastern Avenue, (702) 229-1515.

Come have fun and win fabulous prizes.

Free Balance & Exercise Lecture (ages 50+)

Monday, December 15, 1 to 3 p.m.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Free refreshments, free education and priceless empowerment. Dr. Sue Schuerman, PT, is the speaker.

Gift Wrapping Extravaganza (ages 50+)

Monday through Friday, December 15-19, 8 to 10 a.m. and 2 to 4 p.m.

Fee: \$1 per gift

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

Free Senior Law Project Coffee Talk (ages 60+)

Tuesday, December 16, 10 to 11:30 a.m. Advance registration required. Minimum of 5 people required.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

An elder law attorney will discuss wills, health care, financial issues and other concerns affecting seniors.

Free Medicare Health Insurance Help with SHIP (ages 50+)

Tuesday, December 16, 10 a.m. to noon. By appointment only.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Trained volunteers from the Medicare State Health Insurance Assistance Program will help Medicare beneficiaries with health insurance planning, problems and questions. Call 229-1515 for an appointment.

Winter Holiday Brunch (ages 50+)

Tuesday, December 16, 11 a.m. Advance registration required.

Fee: \$6

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Holiday Tea Party (ages 50+)

Tuesday, December 16, 11:30 a.m. to 1 p.m. Advance purchase required. Seating is limited.

Tickets: \$5. Limit 4 tickets per person. Tickets on sale November 3 at 8 a.m.

Las Vegas Senior Center, 451 E. Bonanza Road, (702) 229-6454.

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Cookie Exchange (ages 50+)

Tuesday, December 16, 12:30 to 1:30 p.m.

Fee: \$1.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Lieburn Breakfast Nook (ages 50+)

Wednesday, December 17, 8:30 a.m.

Fee: \$2 per person

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Enjoy freshly cooked breakfast specialties, freshly ground coffee, juice and great company.

Bellagio Behind-the-Scenes Tour (ages 50+)

Wednesday, December 17, 10 a.m. to 2 p.m. Advance registration required.

Fee: \$2 transportation fee plus lunch cost.

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Enjoy a private tour of the spectacular Bellagio gardens and learn what it takes to maintain them.

White Elephant Gift Exchange Social (ages 50+)

Wednesday, December 17, noon

Fees: \$2

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

Free Blood Pressure Check (ages 50+)

Thursday, December 18, 9 a.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Clark County Senior Advocate Office Hours (ages 50+)

Thursday, December 18, 10 a.m. to noon

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

The senior advocate will be available to provide information on advance directives, living wills, long-term care insurance, medical assistance, Medicare, utility discounts, power of attorney, social service programs, fraud and safety awareness and transportation issues.

Free Trade Day Gift Exchange (ages 50+)

Thursday, December 18, 12:30 to 1:30 p.m.

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Bring a new \$5 gift to trade in a special game of Third Times A Charm.

Holiday Party (ages 50+)

Thursday, December 18, 4 p.m. Advance registration required.

Fee: \$8

Centennial Hills Active Adult Center, 6601 N. Buffalo Drive, (702) 229-1702.

SR2 & Antique Shopping Mall Day Trip (ages 50+)

Friday, December 19, 10 a.m. to 2 p.m. Advance registration required.

Fee: \$2 transportation fee, plus cost of lunch.

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Step back in time to experience how multiple fine art is created. The S² Editions Atelier printer produces breathtaking fine art the old-fashioned way. Visit www.s2art.com for more information.

Free Blood Pressure and Heart Rate Checks (ages 50+)

Friday, December 19, 10 a.m. to noon

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Registered Nurse Barbara Weber will check your blood pressure and heart rate.

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Free Holiday Sing-A-Long (ages 50+)

Friday, December 19, 12 to 1 p.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Soup's On Luncheon (age 50+)

Friday, December 19, noon. Advance registration required.

Fee: \$2

Derfelt Senior Citizens Center, 3343 W. Washington Avenue, (702) 229-6601.

Enjoy fresh, homemade cider pork stew, bread, dessert and a beverage.

Cookie Exchange (ages 50+)

Tuesday, December 23, noon. Advance registration required.

Fee: 2 dozen cookies to trade.

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Free Holiday Caroling (ages 50+)

Tuesday, December 23, 1 to 2:30 p.m.

East Las Vegas Community/Senior Center, 250 N. Eastern Ave., (702) 229-1515.

Foot Care Clinic by Nevada Health Centers (ages 50+)

Tuesday, December 23, 1 to 4 p.m. by appointment

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Free foot care for seniors age 60 and older, \$25 for those less than 60 years. Appointment required.

Winter Wonderland Dance (ages 50+)

Tuesday, December 23, 5 to 8 p.m.

Fee: \$4

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Enjoy this specialty-themed and decorated Big Band dance with light refreshments.

Free Holiday Movie Marathon (ages 50+)

Wednesday, December 24, 9 a.m. to 4 p.m.

Las Vegas Senior Center, 451 East Bonanza Road, (702) 229-6454.

Join us to watch a variety of holiday movies. Sign up to participate in optional dessert potluck, too.

Ballroom Dance Workshop (ages 50+)

Monday, December 29, 1:30 to 4 p.m. Advance registration required.

Fee: \$6

Howard Lieburn Senior Center, 6230 Garwood Ave., (702) 229-1600.

Concentrate on balance, correct transition of body weight and correct posture. Foxtrot and Quickstep will be the dances used to teach these concepts.

Free Monthly Birthday Celebration (ages 50+)

Tuesday, December 30, 11 a.m.

Doolittle Senior Center, 1930 North J St., (702) 229-6125.

Enjoy cake as we honor seniors who have birthdays during the month.

Free Blood Pressure Check (ages 50+)

Wednesday, December 31, 9 a.m. to noon

Doolittle Senior/Community Center, 1950 North J St., (702) 229-6125.

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